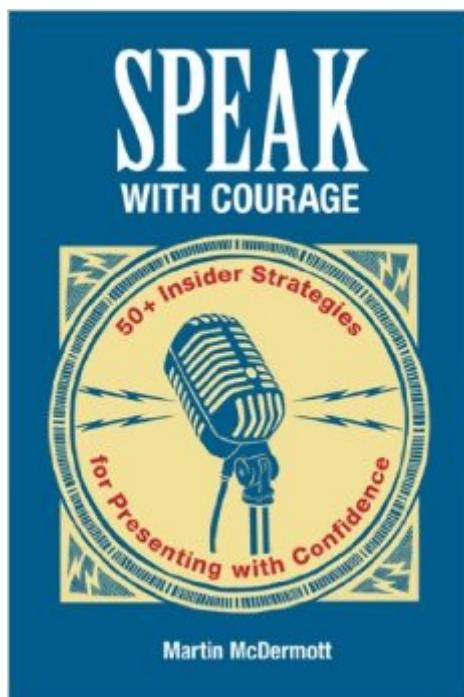


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# Speak With Courage: 50+ Insider Strategies For Presenting With Confidence



## **Synopsis**

Instructors and students understand that fear of public speaking is one of the biggest challenges in the introductory course. And that's where Speak with Courage comes in. Author and master teacher Martin McDermott has helped over 3,000 students overcome their fears and rise above speech anxiety by applying the right techniques. Speak with Courage offers 50+ diverse strategies—class-tested, rhetorical, practical, and fun—that help students at every stage of the speechmaking process, from getting started and choosing a topic to delivering the presentation and learning from the experience. Helpful and effective, this well-written and appealing text is the tool you need to get your students up and speaking—with confidence. Speak with Courage is also available as an inexpensive e-book, a great add on to any course with a public speaking component.

## **Book Information**

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## **Customer Reviews**

Of the many books you'll read during your lifetime, there are those few that stay with you. For me, Speak with Courage is one of those books, and my copy is filled with margin notes and brightly colored Post-It notes. Speak with Courage is sincere, witty, positive, clear, and insightful, and by the end of the book I no longer felt anxiety and animosity towards public speaking--for the first time in my life. Speak with Courage is an enjoyable read from beginning to end, and I highly recommend this book to everyone--whether or not you fear public speaking.

Speak with Courage is truly a masterpiece. With his personable and humorous style, Martin has deconstructed a potentially boring and scary topic by converting it into a simple, desirable and

achievable skill. Along with his superb professional coaching, he has transformed my professional life. Aida M Hasbun MD

I used this book before giving a recent talk. The tips I needed were easy to locate and my talk went off without a glitch. I spoke with courage and confidence for the first time. Thank you.

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